

# Patient Information Sheet

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Referring Provider: \_\_\_\_\_ PCP: \_\_\_\_\_ Sex (M/F) Marital Status: (S/M/D/W)

Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

## Primary Insurance Coverage

## Secondary Insurance Coverage

Company: \_\_\_\_\_ Company: \_\_\_\_\_

Insured Name: \_\_\_\_\_ Insured Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_ Relationship: \_\_\_\_\_ DOB: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Group Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Employer: \_\_\_\_\_ Employer: \_\_\_\_\_

## Guarantor Information

Guarantor Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Miscellaneous Information: \_\_\_\_\_

## Patient Authorization

I authorize Rheumatology Associates of Delmarva to apply for benefits on my behalf for services rendered by Rheumatology Associates of Delmarva. I request payment from my insurance company be made directly to Rheumatology Associates of Delmarva. I certify that the information I have reported with regard to y insurance coverage is correct and further authorize the release of any necessary information including medical information for this or any related claims. I permit a copy of this authorization to be used in alee of the original. This authorization may be revoked by me at any time in writing. I understand that nothing herein relieves me of the primary responsibility and obligation to pay for medical services provided, when a statement is rendered.

\_\_\_\_\_  
Signature of Subscriber or Beneficiary

\_\_\_\_\_  
Date

**SYSTEMS REVIEW**

As you review the following list, please check any of those problems, which have significantly affected you.

Date of last mammogram      /      /      Date of last eye exam      /      /      Date of last chest x-ray      /      /       
 Date of last Tuberculosis Test      /      /      Date of last bone densitometry      /      /     

**Constitutional**

- Recent weight gain amount
- Recent weight loss amount

- Fatigue
- Weakness
- Fever
- Eyes**
- Pain
- Redness
- Loss of vision
- Double or blurred vision
- Dryness
- Feels like something in eye
- Itching eyes

**Ears-Nose-Mouth-Throat**

- Ringing in ears
- Loss of hearing
- Nosebleeds
- Loss of smell
- Dryness in nose
- Runny nose
- Sore tongue
- Bleeding gums
- Sores in mouth
- Loss of taste
- Dryness of mouth
- Frequent sore throats
- Hoarseness
- Difficulty in swallowing

**Cardiovascular**

- Pain in chest
- Irregular heart beat
- Sudden changes in heart beat
- High blood pressure
- Heart murmurs

**Respiratory**

- Shortness of breath
- Difficulty in breathing at night
- Swollen legs or feet
- Cough
- Coughing of blood
- Wheezing (asthma)

**Gastrointestinal**

- Nausea
- Vomiting of blood or coffee ground material
- Stomach pain relieved by food or milk
- Jaundice
- Increasing constipation
- Persistent diarrhea
- Blood in stools
- Black stools
- Heartburn

**Genitourinary**

- Difficult urination
- Pain or burning on urination
- Blood in urine
- Cloudy, "smoky" urine.
- Pus in urine
- Discharge from penis/vagina
- Getting up at night to pass urine
- Vaginal dryness
- Rash/ulcers
- Sexual difficulties
- Prostate trouble

*For Women Only:*

- Age when periods began:
- Periods regular?  Yes  No
- How many days apart?
- Date of last period?      /      /
- Date of last pap?      /      /
- Bleeding after menopause?  Yes  No
- Number of pregnancies?
- Number of miscarriages?

**Musculoskeletal**

- Morning stiffness
- Lasting how long?  
          Minutes      Hours

- Joint pain
- Muscle weakness
- Muscle tenderness
- Joint swelling

List joints affected in the last 6 mos.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Integumentary (skin and/or breast)**

- Easy bruising
- Redness
- Rash
- Hives
- Sun sensitive (sun allergy)
- Tightness
- Nodules/bumps
- Hair loss
- Color changes of hands or feet in the cold

**Neurological System**

- Headaches
- Dizziness
- Fainting
- Muscle spasm
- Loss of consciousness
- Sensitivity or pain of hands and/or feet
- Memory loss
- Night sweats

**Psychiatric**

- Excessive worries
- Anxiety
- Easily losing temper
- Depression
- Agitation
- Difficulty falling asleep
- Difficulty staying asleep

**Endocrine**

- Excessive thirst

**Hematologic/Lymphatic**

- Swollen glands
- Tender glands
- Anemia
- Bleeding tendency
- Transfusion/when

**Allergic/Immunologic**

- Frequent sneezing
- Increased susceptibility to infection

**SOCIAL HISTORY**

Do you drink caffeinated beverages?

Cups/glasses per day? \_\_\_\_\_

Do you smoke?  Yes  No  Past – How long ago? \_\_\_\_\_

Do you drink alcohol?  Yes  No Number per week \_\_\_\_\_

Has anyone ever told you to cut down on your drinking?

Yes  No

Do you use drugs for reasons that are not medical?  Yes  No  
If yes, please list: \_\_\_\_\_

Do you exercise regularly?  Yes  No

Type \_\_\_\_\_

Amount per week \_\_\_\_\_

How many hours of sleep do you get at night? \_\_\_\_\_

Do you get enough sleep at night?  Yes  No

Do you wake up feeling rested?  Yes  No

**Previous Operations**

Type	Year	Reason
1.		
2.		
3.		
4.		
5.		
6.		
7.		

Any previous fractures?  No  Yes Describe: \_\_\_\_\_

Any other serious injuries?  No  Yes Describe: \_\_\_\_\_

**FAMILY HISTORY:**

	IF LIVING		IF DECEASED	
	Age	Health	Age at Death	Cause
Father				
Mother				

Number of siblings \_\_\_\_\_ Number living \_\_\_\_\_ Number deceased \_\_\_\_\_

Number of children \_\_\_\_\_ Number living \_\_\_\_\_ Number deceased \_\_\_\_\_ List ages of each \_\_\_\_\_

Health of children: \_\_\_\_\_

Do you know of any blood relative who has or had: (check and give relationship)

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Cancer _____   | <input type="checkbox"/> Heart disease _____       | <input type="checkbox"/> Rheumatic fever _____ | <input type="checkbox"/> Tuberculosis _____ |
| <input type="checkbox"/> Leukemia _____ | <input type="checkbox"/> High blood pressure _____ | <input type="checkbox"/> Epilepsy _____        | <input type="checkbox"/> Diabetes _____     |
| <input type="checkbox"/> Stroke _____   | <input type="checkbox"/> Bleeding tendency _____   | <input type="checkbox"/> Asthma _____          | <input type="checkbox"/> Goiter _____       |
| <input type="checkbox"/> Colitis _____  | <input type="checkbox"/> Alcoholism _____          | <input type="checkbox"/> Psoriasis _____       |   |

**PAST MEDICAL HISTORY**

Do you now or have you ever had: (check if "yes")

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Cancer            | <input type="checkbox"/> Heart problems | <input type="checkbox"/> Asthma              |
| <input type="checkbox"/> Goiter            | <input type="checkbox"/> Leukemia       | <input type="checkbox"/> Stroke              |
| <input type="checkbox"/> Cataracts         | <input type="checkbox"/> Diabetes       | <input type="checkbox"/> Epilepsy            |
| <input type="checkbox"/> Nervous breakdown | <input type="checkbox"/> Stomach ulcers | <input type="checkbox"/> Rheumatic fever     |
| <input type="checkbox"/> Bad headaches     | <input type="checkbox"/> Jaundice       | <input type="checkbox"/> Colitis             |
| <input type="checkbox"/> Kidney disease    | <input type="checkbox"/> Pneumonia      | <input type="checkbox"/> Psoriasis           |
| <input type="checkbox"/> Anemia            | <input type="checkbox"/> HIV/AIDS       | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Emphysema         | <input type="checkbox"/> Glaucoma       | <input type="checkbox"/> Tuberculosis        |

Other significant illness (please list) \_\_\_\_\_

Natural or Alternative Therapies (chiropractic, magnets, massage, over-the-counter preparations, etc.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICATIONS**

Drug allergies:    No    Yes   To what? \_\_\_\_\_

Type of reaction: \_\_\_\_\_

**PRESENT MEDICATIONS** (List any medications you are taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements, etc.)

Pharmacy: _____ List Medications / Supplements Taken	Dose (include strength & number of pills per day)	How long have you taken this medication	Please check: Helped?		
			A Lot	Some	Not At All
1.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**PAST MEDICATIONS** Please review this list of "arthritis" medications. As accurately as possible, try to remember which medications you have taken, *how long* you were taking the medication, the *results* of taking the medication and list any *reactions* you may have had. Record your comments in the spaces provided.

Drug names/Dosage	Length of Use	Please check: Helped?			Reactions
		A Lot	Some	Not At All	
<b>Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)</b>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Circle any you have taken in the past					
Ansaïd (flurbiprofen)    Arthrotec (diclofenac + misoprostil)    Aspirin (including coated aspirin)    Celebrex (celecoxib)    Clinoril (sulindac) Daypro (oxaprozin)    Disalcid (salsaiate)    Dolobid (diflunisal)    Feldene (piroxicam)    Indocin (indomethacin)    Lodine (etodolac) Meclomen (meclofenamate)    Motrin/Rufen (ibuprofen)    Nalfon (fenoprofen)    Naprosyn (naproxen)    Oruvail (ketoprofen) Tolectin (tolmetin)    Trilisate (choline magnesium trisalicilate)    Vioxx (rofecoxib)    Voltaren (diclofenac)					
<b>Pain Relievers</b>					
Acetaminophen (Tylenol)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Codeine (Vicodin, Tylenol 3)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Propoxyphene (Darvon/Darvocet)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Disease Modifying Antirheumatic Drugs (DMARDS)</b>					
Auranofin, gold pills (Ridaura)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Gold shots (Myochrysine or Solganol)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hydroxychloroquine (Plaquenil)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Penicillamine (Cuprimine or Depen)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Methotrexate (Rheumatrex)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Azathioprine (Imuran)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Sulfasalazine (Azulfidine)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Quinacrine (Atabrine)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cyclophosphamide (Cytosan)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cyclosporine A (Sandimmune or Neoral)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Etanercept (Enbrel)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Infliximab (Remicade)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Prosorba Column		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

PAST MEDICATIONS Continued

	Length of Use	Please check: Helped?			Reactions
		A Lot	Some	Not At All	
<b>Osteoporosis Medications</b>					
Estrogen (Premarin, etc.)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Alendronate (Fosamax)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Etidronate (Didronel)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Raloxifene (Evista)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Fluoride		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Calcitonin injection or nasal (Miacalcin, Calcimar)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Risedronate (Actonel)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Gout Medications</b>					
Probenecid (Benemid)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Colchicine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Allopurinol (Zyloprim/Lopurin)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Others</b>					
Tamoxifen (Nolvadex)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tiludronate (Skelid)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cortisone/Prednisone		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hyalgan/Synvisc injections		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Herbal or Nutritional Supplements		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Please list supplements:					

Have you participated in any clinical trials for new medications?  Yes  No

If yes, list

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**Edmund J. MacLaughlin, M.D., FACR, CCD**  
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**Naila B. Ahmad, M.D., FACR**  
**Curtis M. Foy, M.D., CCD**  
**Catherine G. Campbell, PA-C**  
**Meghan B. McCarter, FNP-BC**

**Meaningful Use Information**

Due to changing healthcare laws, we are required to collect more patient demographic information

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Preferred Language: \_\_\_\_\_

<b>Race</b> (Circle One)	<b>Ethnicity</b> (Circle One)	<b>Smoking Status</b> (Circle One)
American Indian	Hispanic Origin	Never Smoker
Asian	Non-Hispanic Origin	Current every day smoker Start Date:
Black	Decline to Answer	Current some day smoker Start Date:
Native Hawaiian		Heavy tobacco smoker Start Date:
White		Light tobacco smoker Start Date:
Declined to Answer		Smoker, current status unknown
		Unknown if every smoked
		Former Smoker Start Date:                      End Date:

Preferred Pharmacy: \_\_\_\_\_

Pharmacy Address: \_\_\_\_\_

Pharmacy Phone/Fax: \_\_\_\_\_

I agree that Edmund J. MacLaughlin, M.D. May request and use my prescription medication history from other healthcare providers or third-party pharmacy benefit payers for treatment purposes.

Patient Signature: X \_\_\_\_\_ Date: X \_\_\_\_\_



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Fax 410-819-6750

10 Aurora Street  
Cambridge, MD 21613  
410-228-0556  
410-228-3986

1415 S. Division Street  
Salisbury, MD 21804  
410-860-6801  
410-860-6864

## PATIENT ACKNOWLEDGEMENT OF NON-COVERED SERVICES

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Medicare#: \_\_\_\_\_ Referring Provider: \_\_\_\_\_

Medicare will only pay for services that it determines to be reasonable and necessary under Section 1862(s) (1) of the Medicare law. Your provider is in the best position to know the clinical assessment needs of his or her patients. In some cases, when your provider orders a specific test to detect pre-symptomatic diseases or, as part of a process to help determine what the diagnosis is, some insurers, including Medicare, will not pay for the test performed. In your case, you have been notified that Medicare may deny payment for the services indicated because Medicare usually does not pay for: a) This test for the reported condition; b) For non-FDA approved tests or c) For tests ordered for screening purposes.

By signing below, IF Medicare denies payment, you agree to be FULLY responsible for payment.

### TO BE SIGNED BY THE PATIENT:

"I HAVE BEEN NOTIFIED THAT, IN MY CASE, Medicare may deny payment for the services. If Medicare denies payment, I agree to be responsible for payment. I understand that if the claim is denied, I will receive a bill from Rheumatology Associates of Delmarva for the denied services."

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_



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## Financial Policy

We believe that everyone benefits when there is a definite and clear financial agreement prior to treatment. Our policy is as follows:

If applicable, your insurance co-pay is due upon service. Co-pays will be collected at the time of check-in.

Please understand that a referral from your family doctor may be necessary in order to submit claims to your insurance carrier. It is the **patient's responsibility** to obtain this referral. If a valid referral is not on file, then your appointment will have to be rescheduled.

There are a certain number of appointments available each day and often patients who are sick cannot be seen the same day that they call. With this in mind, if you are unable to keep a scheduled appointment, we require 24 hours' notice, so that we may schedule another patient into your appointment slot. If the required notice is not given, then a cancellation charge of \$50.00 for new patients and \$25.00 for established patients will be assessed to the patient, not billed to any insurance company. Until this fee is paid, another appointment will not be scheduled.

All accounts with a balance over 30 days will be assessed a 1.5% late charge per month on the unpaid monthly balance. Payment plans can be arranged through the Billing Manager (410-819-6630). If an account becomes assigned to a collection agency, the patient will pay 25% of the collection agency fees, 100% of court costs and 100% of attorney fees.

I hereby certify that I have read and understand the above and agree with all terms and conditions. I also authorize the release of any personal health information to my insurance company and another other health care professionals involved in my care.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Printed Name \_\_\_\_\_

Witness \_\_\_\_\_





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## NO SHOW POLICY

If you are unable to keep your scheduled appointment for any reason, please notify the office at least 24 hours in advance so that we can accommodate other patients who may need to be seen.

Our "NO SHOW" policy is as follows:

1. After the first "NO SHOW" appointment, you will receive a phone call as to why the appointment was missed and to reschedule.
2. After the "second" missed appointment, you will be charged \$25.00 for the time slot that we were not able to fill.
3. After the "third" missed appointment, you may be discharged from the practice; giving you 30 days to find a new physician.

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

**Rheumatology Associates of Delmarva**

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**Patient Authorization to Receive/Release Health Information**

**Due to the HIPAA Compliance Privacy Laws of the Federal Government, it is mandatory that we ask you to review and answer the following questions listed below.**

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_

I hereby authorize the use and disclosure of individually identifiable health information relating to me as described below:

Specific description of the information to be used/disclosed:

Any records pertaining to the diagnosis and treatment of the rheumatologic conditions for which I am being seen.

Persons authorized to use or disclose the above "authorized information":

Rheumatology Associates of Delmarva employees

Person's to whom the use or disclosure of the authorized information may be made: Affiliated hospitals providing care for the above named patient, other physicians providing care for the patient, the patient's pharmacy, insurance companies, and in some cases, we may need to provide information to our accountant and/or lawyer.

We may leave messages/ detailed medical information on voicemail at either of these phone numbers?

Home Phone: \_\_\_\_\_ Yes \_\_\_ No \_\_\_ Cell Phone: \_\_\_\_\_ Yes: \_\_\_ No: \_\_\_

May we contact your place of employment? Yes \_\_\_ No \_\_\_

If so, may we leave a message? Yes \_\_\_ No \_\_\_

If yes: Work Phone: \_\_\_\_\_ Ext.: \_\_\_\_\_

Do you have any particular person or family members that you authorize to receive and discuss information regarding your personal health information (general information, billing)?

Yes \_\_\_ No \_\_\_ If yes, please provide:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Alternate Number: \_\_\_\_\_

Is this person your Power of Attorney for medical purposes? Yes \_\_\_ No \_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Alternate Number: \_\_\_\_\_

Is this person your Power of Attorney for medical purposes? Yes \_\_\_ No \_\_\_

TURN OVER—COMPLETE BACK SIDE

Patient's Name: \_\_\_\_\_

- *I understand that if the person or entity receiving the authorized information listed above is not a health plan or health care provider covered by the federal privacy regulations, the authorized information may be re-disclosed by the recipient and may no longer be protected by federal or state law.*
- *I understand that I may revoke this authorization at any time by notifying Rheumatology Associates of Delmarva in writing. However, if I choose to do so, I understand that my revocation will not affect any actions taken by Rheumatology Associates of Delmarva prior to receiving my revocation.*

I hereby authorize Rheumatology Associates of Delmarva to obtain or release any and all pertinent information regarding my medical care, as needed, to assist in my ongoing treatment to or from other health care providers, laboratories, radiology facilities or other institutions. This authorization remains in effect until revoked.

I have reviewed the aforementioned information and provide my consent regarding any and all issues as stated above.

I have reviewed the Rheumatology Associates of Delmarva Notice of HIPAA Privacy Policy. A copy of this policy will be provided to me upon request.

Signed by: \_\_\_\_\_  
Signature of Patient or Personal Representative

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Printed Name of Personal Representative

\_\_\_\_\_  
Date

Witnessed by: \_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

*PATIENT/GUARDIAN TO BE PROVIDED WITH A SIGNED COPY OF AUTHORIZATION*

**OSTEOPOROSIS SCREENING QUESTIONNAIRE**  
**Rheumatology Associates of Delmarva**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ PCP: \_\_\_\_\_

Additional Copies To: \_\_\_\_\_

Sex: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Weight: \_\_\_\_\_ (pounds) Height \_\_\_\_\_ (feet) \_\_\_\_\_ (inches) Height Loss: \_\_\_\_\_ (inches)

Why are you having this bone density scan? \_\_\_\_\_

Have you ever had a bone density test? YES/NO (circle one) Where? \_\_\_\_\_

**GENETIC FACTORS:**

**Circle one**

Is there a family history of osteoporosis? \_\_\_\_\_ YES NO

Has your mother, father, grandmother, aunt(s) and/or sisters(s) broken any bones including the hip, wrist or rib? \_\_\_\_\_ YES NO

Have they had an exaggerated curvature of the spine (hump-back)? \_\_\_\_\_ YES NO

**FOR WOMEN:**

Is there a chance that you are pregnant? \_\_\_\_\_ YES NO

Have your periods stopped? \_\_\_\_\_ YES NO

If so, when was your last period (year)? \_\_\_\_\_

Has your uterus been removed? \_\_\_\_\_ YES NO

Have both ovaries been removed? \_\_\_\_\_ YES NO

Have you had breast cancer? \_\_\_\_\_ YES NO

Have you had ovarian cancer? \_\_\_\_\_ YES NO

Have you had uterine cancer? \_\_\_\_\_ YES NO

**FOR MEN:**

Have you ever been treated for prostate cancer? \_\_\_\_\_ YES NO

Have you ever been treated for testicular hypofunction? \_\_\_\_\_ YES NO

Do you take Lupron injections? \_\_\_\_\_ YES NO

**FACTORS THAT CAN PROTECT AGAINST OSTEOPOROSIS:**

How many servings of dairy products do you have daily (milk, cheese, yogurt, etc.)? \_\_\_\_\_ 0,1,2,3,4,5+

Do you have lactose or milk intolerance? \_\_\_\_\_ YES NO

Do you exercise regularly? \_\_\_\_\_ YES NO

If so, what type? \_\_\_\_\_

Do you have any allergies to medication? \_\_\_\_\_ YES NO

If so, which medication(s)? \_\_\_\_\_ YES NO

MEDICATIONS:	Taking now?	Ever taken in the past, but not currently?	How much?	For how long?	If you stopped medication, when and why?
Calcium supplements (Includes TUMS)	YES NO	YES NO			
Multiple vitamins	YES NO	YES NO			
Vitamin D	YES NO	YES NO			
Estrogen	YES NO	YES NO			
Evenity/romosozumab	YES NO	YES NO			
Fosamax/alendronate	YES NO	YES NO			
Actonel/risedronate	YES NO	YES NO			
Forteo/teriparatide injections	YES NO	YES NO			
Evista/raloxifene	YES NO	YES NO			
Boniva/ibandronate (oral or intravenous)	YES NO	YES NO			
Prolia/denosumab	YES NO	YES NO			
Tymlos/abaloparatide	YES NO	YES NO			
Reclast/zoledronic acid	YES NO	YES NO			
Medications to prevent organ transplant rejection	YES NO	YES NO			

List All other prescriptions and over-the-counter medications currently taking: \_\_\_\_\_

**FACTORS THAT INCREASE THE RISK OF OSTEOPOROSIS:**

**Circle one**

Do you currently smoke? (Quantity) \_\_\_\_\_ YES NO

Former smoker? (Date Quit) \_\_\_\_\_ YES NO

Do you drink alcohol? \_\_\_\_\_ YES NO

If so, how much \_\_\_\_\_

Have you taken steroid medications, such as Prednisone, dexamethasone or cortisone, longer than 3 months? \_\_\_\_\_ YES NO

Do you take medications for seizures? \_\_\_\_\_ YES NO

If so, which medication(s)? \_\_\_\_\_

Have you been diagnosed with:  
Kidney disease? \_\_\_\_\_ YES NO

Liver disease? \_\_\_\_\_ YES NO

Thyroid disease? \_\_\_\_\_ YES NO

Rheumatoid arthritis? \_\_\_\_\_ YES NO

Parathyroid disease? \_\_\_\_\_ YES NO

Paget's disease of bone? \_\_\_\_\_ YES NO

Digestive problems (ex. Celiac disease, Crohn's, UC, IBS, ulcers, GERD)? \_\_\_\_\_ YES NO

**FACTORS THAT INCREASE THE RISK OF OSTEOPOROSIS:**

**Circle one**

Have you had cancer? \_\_\_\_\_ YES NO

Did you have radiation or chemotherapy? \_\_\_\_\_ YES NO

Describe \_\_\_\_\_

Have you ever had an eating disorder, such as anorexia or bulimia? \_\_\_\_\_ YES NO

Have you had a recent weight change? \_\_\_\_\_ YES NO

If yes, tell us about it. \_\_\_\_\_

Have you ever broken/fractured any bones? \_\_\_\_\_ YES NO

Have you ever had surgery on either your hips or your spine? \_\_\_\_\_ YES NO

How many times have you fallen in the last year? \_\_\_\_\_

Any other major health problems? \_\_\_\_\_

**Technician Comments:**